

Our area is at risk of:

Flooding,

Wildfires,

Severe

Snowstorms,

& Tornadoes

Having an emergency preparedness kit will ensure your family has enough to sustain themselves for at least 72 hours or until emergency responders can transport you to safety.

## Please Visit

http://www.aema.alberta.ca/personalemergency-preparedness

The Alberta provincial website for more tips on personal emergency preparedness, and how the province has prepared to react to any disasters in the area.

Contact us for more information

Camrose County 3755 - 43rd Avenue Camrose, Alberta T4V 3S8 780-672-4446

www.county.camrose.ab.ca



## Recommended Items to Include in a Basic Emergency Supply Kit:

- ✓ WATER; 4 liters of water per person per day, for at least three days, for drinking & sanitation
- ✓ FOOD; at least a three-day supply of non-perishable food
- ☑ Battery-powered RADIO and a Weather Radio with tone alert and extra batteries for both
- ✓ FLASHLIGHT & extra BATTERIES
- ☑ FIRST AID KIT
- ☑ Whistle and signal for help
- ✓ Dust mask, to help filter contaminated air, and, plastic sheeting and duct tape to shelter-in-place
- ☑ Moist towelettes, garbage bags and plastic ties for personal sanitation
- ☑ Basic TOOLS needed to turn off utilities (wrench, pliers, etc.)
- ☑ Can opener for food
- ✓ Local MAPS

## Additional Items to Consider Adding to an Emergency Preparedness Supply Kit:

- ✓ Prescription medications & glasses
- ✓ Infant formula and diapers
- ☑ Pet food & water for your pet
- ✓ Important family documents (copies of insurance policies, ID, & bank account records in a waterproof & portable container
- ☑ Cash or traveler's checks
- ✓ Sleeping bag or warm blanket for each person
- ✓ Complete change of clothing including a long sleeved shirt, long pants, & comfortable shoes
- Household chlorine bleach & medicine dropper When diluted 9 parts water to 1 part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- ✓ Fire Extinguisher

## Cont'd

- ✓ Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper towels, paper cups, plates & plastic utensils
- ☑ Paper & pen/ pencil
- Books, games, puzzles or other activities for your family

